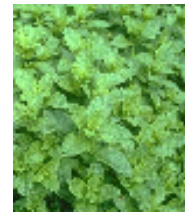


**Lemon**  
**Black Pepper**  
**Rosemary**  
**Peppermint**

### *Stimulating for the Mind and Memory*

*Detoxifying, calming, good for respiratory infections*  
*Stimulant, nerves and body, rheumatism & muscles*  
*Clears sinuses, anti- bacterial, anti-fungal*  
*Stomach tonic, stimulant, antiseptic, clears head*



**Lavender**  
**Roman chamomile**  
**Eucalyptus Citriodora**  
**Mandarin**  
**Petitgrain**

### *Sedating and Calming*

*Soothing, calms nerves, cooling, heals burns*  
*Calms nerves, calms a nervous cough or nerve pain.*  
*Ant-inflammatory, calms arthritis, calms the mind*  
*Relaxing, anti-stress*  
*Anti-infection, soothes nerves, helps with skin problems*



**Lime**  
**Lemongrass**  
**Juniper Berry**  
**Cypress**

### *Detoxifying*

*Soothing, anti-depressant, astringent*  
*Digestive tonic, anti-inflammatory, sedative*  
*Diuretic, eases rheumatism, arthritis and sciatica*  
*Helps with tiredness, edema, swollen legs, and bronchitis*



**Jasmine**  
**Grapefruit**  
**Clary Sage**  
**May Chang**

### *Uplifting*

*Helps with tiredness, uplifting, nerve tonic*  
*Detoxifying, uplifting*  
*Euphoric, aging skin, nerve tonic, stimulates circulation*  
*Astringent, calms mind, soothes pain*



**Geranium (Egyptian)**  
**Frankincense**  
**Bergamot**  
**Ylang Ylang**

### *Regulating*

*Astringent, tonic, immune stimulant, anti-fungal*  
*Calming, soothes cough, anti-catarrh, heals scars*  
*Sedative, calms pain, anti-infection*  
*Aphrodisiac, anti-stress, skin, balancing*



**Clove**  
**Sweet Orange**  
**Basil**  
**Pine**  
**Spanish Marjoram**

### *Warming*

*Stimulant*  
*Nerve tonic, anti-spasmodic, sedative, antiseptic*  
*Anti-spasmodic, circulation, pain, muscles*  
*Helps with arthritis, allergies, infections and tiredness*  
*Diuretic, stomach stimulant, anti-infection, nerve tonic*



**Benzoin**  
**Tea Tree**  
**Eucalyptus Globulus**  
**Eucalyptus Radiata**  
**Spearmint**  
**Sweet Fennel**  
**Cajeput**

### *Healing*

*Healing, anti-aging for the skin, good for coughs*  
*Anti-bacterial, anti-viral, anti- fungal, anti-parasitic*  
*Expectorant, anti-bacterial, good for respiratory problems*  
*Anti-viral, anti-bacterial, good for respiratory problems*  
*Good for chest infections, anti-fungal, heals scar tissue*  
*Tonic, calms stomach, anti-aging for the skin*  
*Good for shingles and sinus problems*

